



INSTRUCTION MANUAL

V1

IMPORTANT SAFETY INFORMATION

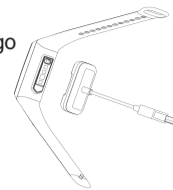
- To prevent personal injury or damage to your Kore 2.0™ read the following guidelines carefully to ensure proper usage:
1. Avoid exposing Kore 2.0™ to chemicals, sudden impact and extreme heat.
 2. When cleaning Kore 2.0™, do not use harsh solvents such as alcohol, benzene, acetone or thinner.
 3. Do not attempt to disassemble Kore 2.0™ or remove the battery.
 4. If you feel any discomfort while wearing Kore 2.0™, loosen the wristband and discontinue using.
 5. This is not a medical grade diagnostic device.
 6. Do not use in steamy environment such as sauna or hot spring. Not for swimming or diving.
 7. Do not submerge the Kore 2.0™ in water or other liquids for prolonged periods.
 8. Do not use the Kore 2.0™ if it feels warm or hot or the display is cracked.
 9. Substances in the Kore 2.0™ and its battery may harm the environment or cause injury if handled and disposed of improperly. Do not dispose of the Kore 2.0™ in a fire.
 10. Only charge Kore 2.0™ with its authorized charging cable. Do not charge the Kore 2.0™ if it is wet, or wear the product while you are charging it.
 11. Kore 2.0™ and its charging cable may include magnetic material. Magnets may interfere with pacemakers, defibrillators, or other medical devices. Consult your physician and the manufacturer of your medical device before using the Kore 2.0™ to determine if this product is safe for you.

01

12. Consult your doctor before beginning or modifying any exercise program using the Kore 2.0™, or if you have any preexisting condition.
 13. Do not check call or other notifications, GPS, or other applications on the product's display while driving or in other situations where distractions could be hazardous. Always be aware of your surroundings when exercising.
- Warning:** This device is not a toy. Keep away from children and pets.

CHARGING THE BATTERY:

- Kore 2.0™ is equipped with a magnetic pogo pin charging dongle.
1. Attach the bottom of the watch to the magnetic pogo pin charging dongle. (See diagram to right)
 2. To charge, plug the dongle into a 5V 1A USB-A port (not included) or a wall socket with a USB adapter. Make sure your power source is 5V. It might take up to 3-5 minutes for the watch to be responsive.
 3. Allow Kore 2.0™ to charge for up to 2 hours or until the battery indicator on the home screen is full.
 4. When completely charged, remove the device from charging dongle.



02

TIPS FOR USE

If the Kore 2.0™ screen does not light up immediately after being plugged in properly, the battery may be completely drained. Let it charge for at least 5 minutes. The screen should light back up within this time. If Kore 2.0™ still does not light up or charge after all these steps, please contact customer support.

TO TURN ON KORE 2.0™:

- Long press home button to turned on the device.
- If the device cannot be turned on, it is possible that the battery might be low. Please charge it on a 5V rated USB power supply for up to 3-5 minutes. Please refer to the charging instruction on page 2.

TIPS FOR USE:

- Kore 2.0™ requires approximately 20 seconds to get a heart rate or blood oxygen reading.
- For optimal performance, it is recommended to wear Kore 2.0™ on your left wrist.



03

- To keep Kore 2.0™ clean, wipe it down with a damp cloth once a week or after physical activities.
- To maintain consistent sensor reading, it is recommended to clean the sensor at the back of the watch after use. Dirt, lotion, grease or excessive water and sweat will affect sensor performance.

Left Hand



FASTENING THE WRISTBAND:

1. The device sensors requires direct skin contact on your wrist to get an accurate reading.
2. Hold Kore 2.0™ in place on the outside of your wrist.
3. Tighten the wristband until you feel it has a snug fit around your wrist, but not so tight that it cuts off circulation, then fasten the pin-and-tuck strap.
4. To remove the device, unpin the tuck strap.

INSTALLING THE KOREHEALTH APP:

- Download the KoreHealth App onto your iOS or Android smartphone by scanning the QR codes on the next page, or by searching "KoreHealth" in the App Store or Google Play Store.

04

- Device requirements: iOS 8.0 and above; Android 4.4 and above.



iOS



Android

CONNECTING KORE 2.0™ TO YOUR SMARTPHONE:

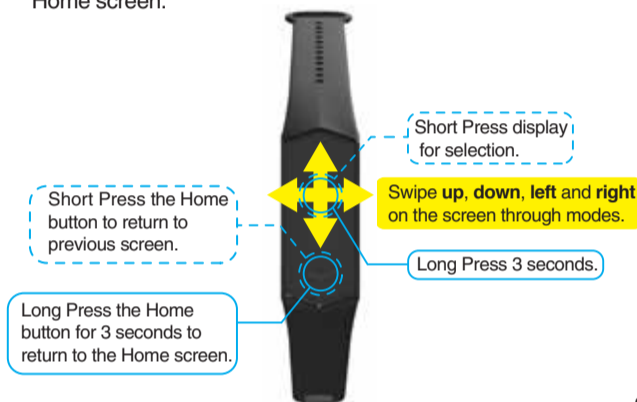
You will have to pair your Kore 2.0™ to your smartphone manually the first time you use it. After that, it will connect automatically anytime your device is within range. Your Kore 2.0™ can store off-line data for up to 30 days before syncing with your smartphone.

1. Open the KoreHealth App on your smartphone.
2. Hold Kore 2.0™ near your smartphone and go to Device page, click "Pair Device".
3. Choose Bluetooth name corresponding with your device's unique serial number (ex. K2XXXXXX). You can check your device's Bluetooth name in Settings.
4. Connection completed.

05

USING KORE 2.0:

- Kore 2.0™ is equipped with a glass touch screen and capacitive Home button (⌘) located at the bottom of the screen.
- Swipe up down left and right on the screen through modes.
- Short Press on screen/icon on screen to select.
- Short Press the Home button (⌘) to return to previous screen.
- Long Press the Home button (⌘) for 3 seconds to return to the Home screen.



06

TIPS FOR USE

The touch screen could be affected by conductive media such as water from shower or rain. Make sure the button interface is clean and dry when using.

HOME SCREEN

The home screen displays the time, day, date, weather, health metrics data and other essential information.

To change the home screen display style, long press the home screen for 3 seconds to open Cover Style Selection. Swipe left and right to view cover design. Short press at the end to confirm your selection.



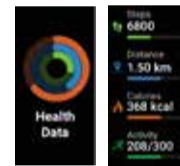
07

MODES

1. To cycle through modes (ie. Health metrics data, workouts, messages and more), scroll up and down.
2. Swipe left to enter function modes.

HEALTH METRICS DATA

Measures your daily steps, distance, calories and activity minutes. Short press Health Data to expand details.



WORKOUT

Measures your performance during specific exercises. Swipe up and down to select workout (Walk, Run, Cycling, Gym, Hiking, Basketball, Soccer, Tennis, Yoga, Dance, Badminton). Select Target Setting (Distance, Duration, Calories or Open Goal) and begin workout.



08

HEART RATE MONITOR

Measures your heart rate in beats per minute.



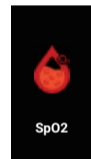
HRV

Tracks the variation in time between each heartbeat.



BLOOD OXYGEN MONITOR

Measures oxygen levels in your blood.

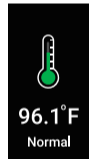


09

SKIN TEMPERATURE

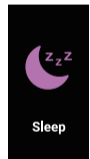
Tracks skin temperature measurement.

Friendly Reminder
The unit of measurement can be changed from °F to °C in your App. The metal temperature sensor will need direct skin contact in order to take an accurate reading. Water, sand or dirt between your wrist and watch will result in inaccurate readings. The skin temperature measurement can take up to 1 minute to reach a stabilized measurement.



SLEEP

Measures your total sleep duration. It also breaks down your sleep patterns.



RELAX

Set timed goal to relax. The device will lead you in a breathing exercise.



10

TIME

Use timer and stop watch function.



NOTIFICATION

Views incoming messages from your smartphone. Scroll to the left to view details. Notification alerts SMS, Facebook™, Instagram™, Twitter™, Messenger™, WhatsApp™, Telegram™, Pinterest™, Snapchat™, Gmail™, Skype™, Line™, VKClient™, QQ™ and WeChat™.



PHONE CALLS

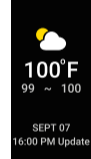
View incoming calls from your smartphone. Accept (to answer calls via smartphone) or decline calls.



11

WEATHER

Displays local weather when connected to App.



12

MUSIC

Control music from connected smartphone.

Note: Music control will only work when your Kore 2.0™ is paired with a smartphone and the KoreHealth App is running that device.



FEATURED STATUS

Access this section by swiping right on the main screen. Adjust brightness, Raise to wake and Do not disturb.



REMINDER

Set daily reminders to take medicine, drink water or take a walk.



13

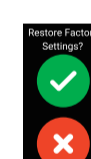
SETTINGS

Select setting options (Find phone, display, language restart, power off, reset or about) by tapping on desired feature. FCCID information is listed in About.



FACTORY RESET

In Settings you will find the RESET button. This will prompt you to restore your Kore 2.0™ to its factory setting which will erase any existing data and preferences.



14

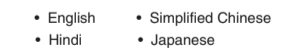
FEATURES VIA APP

- Kore 2.0™ will vibrate when you receive a call or text message. To activate this function, you will need to set it up in the App under 'Device'.
 - When you receive a call, Kore 2.0™ will vibrate. Long Press the function button to decline the call.
- Message alert (ie. Twitter™, Messenger™, Facebook™, WhatsApp™, Hangout™, Skype™, WeChat™, QQ™ and Line™.) needs to connect in "App" section.
- Alarm function can only be used on the App.
- Stand Up Reminder is adjustable from 30 – 180 minutes with increments of 5 minutes.
- You can link Kore 2.0™ data to Apple™ Health App.
- Rise to wake – Kore 2.0™'s screen will automatically turn on when your hand is raised.
- Distance Units – adjust by going to App, 'Device' → 'General'.
- Display Timeout – adjustable by 5-30 seconds with increments of 5 seconds.
- Heart Rate – you can set up auto heart rate monitoring every hour.
- Do Not Disturb – select a time frame where you can turn off Kore 2.0™'s vibrations, light up feature, or information push.
- 24-hour Time Setting – adjust by going to App, 'Device' → 'General'.

15

LANGUAGE SETTINGS:

You can change the language settings directly on the Kore 2.0™ by selecting 'Settings' → "Language" and cycle through until you reach the languages. To change the language settings through mobile App, go to 'Device' → 'General' while connected to your Kore 2.0™.



SPECIFICATIONS:

Package Includes	Kore 2.0™, charging dongle, wrist band, instruction manual
Screen Size	1.05in
Bluetooth Version	5.0
Water Resistant Rating	IP67
Battery Type	Lithium Polymer
Battery Capacity	130mAh
Charge Time	1.5 – 2 hours
Input	5V = 300mA

16

Having difficulties setting up your watch? We are here to help!

Please visit <https://support.korehealthofficial.com> or scan the below QR codes for any urgent inquiries!



Support



Contact

Trademark Attributions

Apple™, Android™, iOS™, Bluetooth™, USB™, Facebook™, Instagram™, Twitter™, Messenger™, Whatsapp™, Telegram™, Pinterest™, Snapchat™, Gmail™, Skype™, WeChat™, Line™, VKClient™, QQ™, and all other third party trademarks or logos mentioned or used in this Manual or in the packaging of this product are owned by their respective trademark owners. KORE 2.0™ has no affiliation to, and is not associated or sponsored by Apple Inc., Google LLC, or any of the owners of the third party trademarks mentioned or used in the product's website, manual, or packaging. Rather, any usage of third-party names or products logos are for illustrative purposes only. Should any trademark attribution be missing, mistaken or erroneous, please contact us as soon as possible at <https://support.korehealthofficial.com> for rectification.

17

Canada ISED Statement

IC:27073-30538 HVIN: 30538

This device complies with RSS 210 of the Industry Canada Rules. Operation is subject to the following two conditions:

(1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :
(1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

This Class [B] digital apparatus complies with Canadian ICES-003.

Cet appareil numérique de la classe [B] est conforme à la norme NMB-003 du Canada.

This equipment complies with Canada radiation exposure limits set forth for uncontrolled environments. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Déclaration d'IC sur l'exposition aux radiations:
Cet équipement est conforme aux limites d'exposition aux radiations définies par le Canada pour des environnements non contrôlés. Cet émetteur ne doit pas être installé au même endroit ni utilisé avec une autre antenne ou un autre émetteur.

Made in China
SKU: 30538 & 30755 FCC ID: 2AX4F-30538



FCC Statement

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Caution: The user is cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This equipment complies with FCC's RF radiation exposure limits set forth for an uncontrolled environment. End user must follow the specific operating instructions for satisfying RF exposure compliance. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

18

19